**Tellico Plains High School**

**Physical Education I Syllabus**

# Instructor

Instructor: Coach Shawn Yates

Tellico Plains High School- 1992

Hiwassee College- 1994

Tennessee Technological University- 1996

Masters Degree in Physical Education: Tennessee Technological University- 2006

Office: Main Office

School Phone: 253-2530 Cell: 423-519-7393

Office Hours: 1st and 2nd period by appointment

**Class Times:** Physical Education classes will meet every day for the semester.

**Place:** Gymnasium for physical education

**Credit:** ½ credit

# Course Description

As a requirement for state standards for graduation, this class will provide numerous opportunities for growth in the physical condition of the body. We will offer ample opportunities for the student to understand his/her body in the fullest capacity. At the end of the course students will properly know how to keep their body in a fully healthy working condition.

# Goals and Objectives

Throughout this class we will meet the standards set up by the Tennessee Department of Education in Physical Education. These standards include Individual and Dual Sports, Team Sports, Fitness and Conditioning, Rhythmic Activities, Educational Gymnastics and Outdoor Education in the Physical Education content.

# Text

There will be no textbook for this class. The class will consist of physical activity. There will be handouts used during class for rules and objectives of sports. The students will be informed of days that they will need writing instruments and paper.

# Classroom Procedures

The following list is what is expected of the students and the teacher in the classroom.

Expectations of the student

Students are expected to:

## Be Considerate

* 1. RESPECT for EACH other is expected at all times for the teacher and other faculty and staff of TPHS, for others and for the student himself/herself.
  2. All complaints/disagreements should be discussed after class.
  3. NO passes out of class without prior permission. (Do not come to me during the class with a note saying you were with another teacher. Come and see me before class for permission.)

## Be on time- Each student is expected to be inside the gymnasium when the tardy bell rings. Tardies will be handled according to the current school policy discussed in class.

Tardy guidelines:

* 1. You must be in the gym doors by the time the tardy bell rings.
  2. If you have an emergency, please see the teacher for a hall pass **before** the bell rings.
  3. Do not argue the tardy with the teacher in front of the class. If you want to discuss the situation, see the teacher after class.

## Be respectful

* 1. Each student is expected to take great care of any equipment or any other materials given by the teacher.
  2. No food or drink is allowed in the gymnasium or classroom.

## Be prepared

* 1. On days that activities will take place please have your clothing with you.
  2. Students are expected to COOPERATE in all tasks in the classroom.
  3. Students must be on task until the period has ended.

## Be honest

* 1. On certain aspects of the class we will incorporate the honor system, be honest of these tasks, as we trust you to make the proper decision.

NOTE- All rules and regulations stated in the school and county handbook will automatically be in effect in the class.

The instructor will observe each student’s conduct and daily behavior. Each violation of guidelines will be documented and be discussed after class. Failure to meet these expectations will result in further disciplinary action.

Expectations of the teacher:

1. The teacher will follow the student expectations as well (Be considerate, on time, respectful, prepared, honest).
2. Provide an ideal learning environment.
3. Give the students the opportunity to be successful each day.

# Means of Evaluation

The students will be graded on participation and attendance. All students are expected to dress daily when we will be participating in an activity. Each activity will be weighed equally.

**Grade Scale (9 weeks and semester):**

100-93= A

92-85= B

84-75= C

74-70= D

69 & below = F

**Dress** – Students are to dress for class in an appropriate manner, on days that we have physical education students should be dressed in shorts/ jogging pants, t-shirt and athletic shoes. **Students will be given a 100 for proper dress and complete participation. Students will receive an 95 for participation without dressing out. Students will receive a 0 for not participating. Students who wish to walk instead of participating in Physical Education will receive a 60 for the day. Students must walk 20 laps to obtain the 60. If the student does not finish the required walking time, the student will receive a 0 for the day.**

**\*In order to meet requirements for physical education, students must participate in physical education!!!**

**Makeup and Late Work**-

* 1. Work missed shall be made up within three days of the absence. 20 laps will be considered makeup for missing physical education. Laps may be ran or walked.
  2. THE STUDENT IS RESPONSIBLE FOR FINDING OUT WHAT HE/SHE MISSED WHEN ABSENT.

**Extra Credit**- No extra credit is available.

# Schedule

Classes will follow the following schedule: We will meet in the gym for physical education every day. We may use the weight room, another classroom, or an outdoor field, but we will begin in the gym every day

# Physical Education Dress and Dressing Room Policies

### Physical Education Policies

* 1. Students must be in the gymnasium/dressing room when the bell rings.
  2. Students must be dressed in gym shorts/ jogging pants, a tee shirt, socks, and non-marking tennis shoes.
  3. Students must be dressed and on the floor within 5 minutes of the tardy bell ringing.
  4. NO HORSEPLAY AT ANY TIME.
  5. The use of profanity is prohibited, and will be punished accordingly.
  6. No ear rings will be worn during days of dressing out. This is a safety precaution.
  7. All valuables need to be placed in plastic baggy and placed in the coach’s office. (The school is not responsible for any valuables left in clothing.)
  8. All injuries are to be reported immediately after they occur.
  9. No one is allowed in the equipment room/coach’s office or bathroom without permission.
  10. Rules are a part of life as well as our games, so make the best of each situation.
  11. No student shall leave the gym floor until told or has permission. Students are not to be in the locker room except the first 5 minutes of class to change and the last 5 minutes of class to change. Students may go to the restroom during class, but need to ask the teacher for permission and shall not stay for an excessive amount of time.
  12. Cell phones are NOT to be used in class or the locker room. They will be taken up as school policy is followed.
  13. Any student who walks or does not participate in PE will receive a letter to be taken home with them on that day for parents to sign. I will keep a record of all letters sent home with students.

Please complete the information on this page and return to me.

Thank you,

Shawn Yates

### Physical Education – Coach Yates

I have read and I understand the purpose, methods, classroom policies and procedures discussed in Coach Yates’ Physical Education Syllabus.

Please include contact information.

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Parent/ Guardian Signature Date

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Student Signature Date

Return this page and keep the rest of the syllabus for your records.